

RHODE ISLAND PHYSICAL EDUCATION STANDARDS

A physically educated person:

1. Demonstrates competency in many movement forms and proficiency in a few movement forms.
2. Applies movement concepts and principles to the learning and development of motor skills.
3. Understands the implications of and the benefits derived from involvement in physical activity.
4. Applies physical activity-related skills and concepts to maintain a physically active lifestyle and a health-enhancing level of physical fitness.
5. Demonstrates responsible personal and social behavior in physical activity settings.
6. Understands that internal and external environments influence physical activity.