

CURTIS CORNER MIDDLE SCHOOL
PHYSICAL EDUCATION OVERVIEW
GRADE SEVEN

The purpose of this overview is to present an outline of study in physical education for grade seven.

Physical education has a definite place in the growth and development of the child and should not be treated as a recess period. In order that there be an effective progression from six grade to grade twelve, physical education teachers will select activities that are age appropriate and challenging.

The seventh grade students will be able to use and apply concepts from a variety of sources to enhance learning and performance.

The units covered in grade 7 include:

- Adventure games
- Soccer Unit
- Fitnessgram Unit
- Floor Hockey Unit
- Scooter Ball Unit
- Dance Unit
- Basketball Unit
- Team Handball Unit
- Fitnessgram Unit
- Fitness Unit

Any physical education program/ unit are subject to change.